



***Pass the word!***

## Let's start a lifestyle rebellion!

The Go-Back Club aims to gain momentum across the world, sharing ways that we can all reduce our environmental footprint and slow the degradation of our natural resources. This needs to be done quickly enough that the Earth can thrive in our presence, heal from our insults and provide for us as she always has.

We need to care more for the Earth that keeps us alive, than the excesses to which we often fall prey. Avoiding luxuries that lure us is often a difficult thing. When you find yourself in this type of personal struggle – try putting your energy into helping those less fortunate than you for a personal “eye opener” and genuine act of kindness.

Supporting a new society with less environmental impact and simpler way of life –and develop greater concern for the state of our shared air, water, soils, and resources.

- use less energy
- reduce waste
- enjoy the great outdoors

Our goals are simple ones – to help others understand and implement ideas and ways to decrease our collective environmental footprints. We can really make a difference in the degradation of natural resources and the escalation of global warming. Our members are returning to a simpler, more gratifying way of life.

*Won't you join us?*



### **Contact Us**

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## **A Simple-Living Brigade...**

- **minimize global warming**
  - use fewer fossil fuels
  - reduce greenhouse gases
  - preserve our precious natural resources

*If our thoughts touch your heart  
PLEASE join us!*



SKY SO DARK, OH SKY SO BRIGHT.... KEEP YOUR BLANKET OVER ME TONIGHT ....LET ME SLEEP IN PEACE THIS STARRY NIGHT....OH SKY SO DARK, SKY SO BRIGHT.

### Principles of The Go-Back Club are:

#### Support Local Merchants

Reduce fossil fuel use by limiting the distances you drive to shop. Bolster the local economy and help keep small businesses prosperous.

#### Fix, Mend, Darn, Repair, Salvage

This helps to save natural resources while cutting down on your personal expenses. If you can't do these things, look for assistance in your own community. Many people these days are happy to make a few extra dollars while helping someone.

**Stop Shopping for Unnecessary Items** If you have items in your closet that you don't use, the odds are that you never

really needed them in the first place. If you have things going to waste, why not donate them to Goodwill or other thrift stores? Support local charities and save money at the same time; likewise, when you really do need something, do your best to buy it used as all the energy and raw materials have already been expended and extracted.

**Use it up -  
wear it out -  
make it do or -  
do without!**



Adirondack Mountains scenery.  
Photograph by member, Doug Davis



### BENEFITS of JOINING

#### *The Go-Back Club*

- Receive a free, online newsbooket 10 times a year.
- Learn new methods for lowering your impact on Planet Earth.
- Read about people doing amazing things throughout the world.
- Make your life more meaningful.
- Share your ideas, hopes and talents with other people who care about the future.
- Appreciate nature with our beautiful publication, photos, poetry and inspirational quotes.
- Get inspired to work with us on lowering the risk to the planet from global warming.
- Relax with our upbeat newsbooklet.